



# RLX SATORI

## WELLNESS LOUNGER



Advanced  
Vibroacoustics



# MENTAL AND PHYSICAL WELLBEING

Found in the world's most exclusive wellness centers, clinical health environments, behavioral change clinics, therapeutic & rehabilitation centers and allopathic hospitals, Gharieni's Satori is a complete natural vibrational and binaural sound treatment, designed to fully synchronize body and mind.

This combination of mind-body stimulation is a powerful and effective tool for changing neural pathways and creating healthy behaviors. Vibroacoustic treatment has been clinically proven to create behavioral change in people recovering from stress, anxiety, sleeping disorders, and addictions, as well as in people looking to reduce stress symptoms and increase a calmer state in their lives.

Satori offers a non-invasive approach to delivering reliable and favorable outcomes without the need for medications, supplements, mechanical implements or electrical stimuli. The wellness lounge utilizes proprietary technology that releases specific sound frequencies that permeate the entire body. Additionally, synchronized binaural sounds and music, sometimes accompanied by guided meditation, guides brainwave patterns to states of relaxation, meditation, deep sleep, and heightened mental focus.

„It was a very relaxing experience, and for me it's very difficult to get to that state“

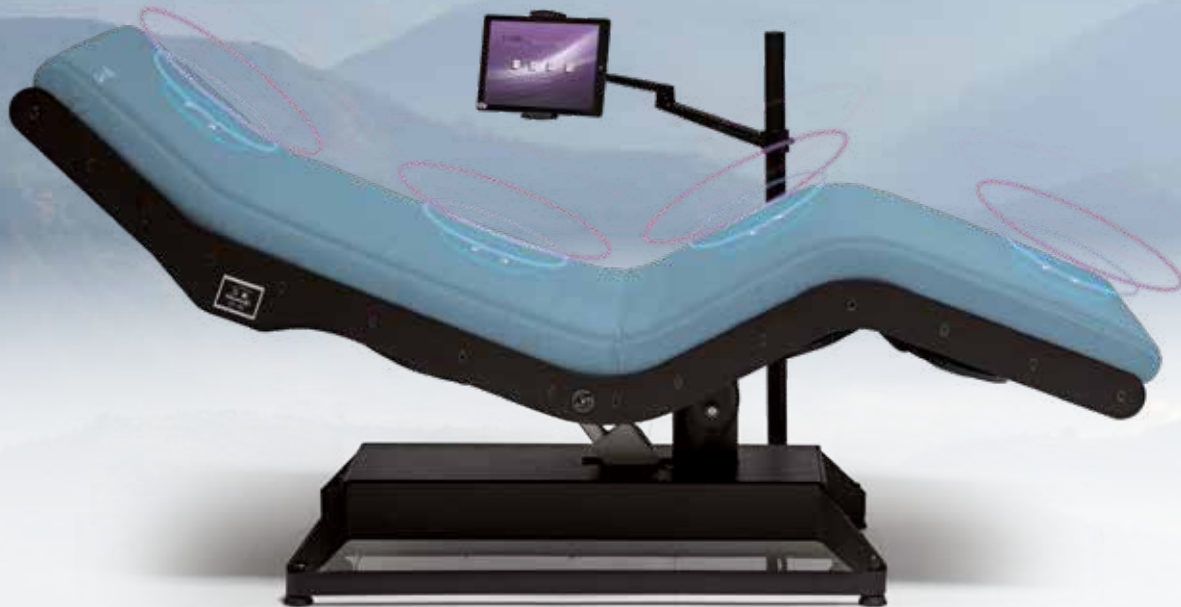
Jeff, Spa Director

An effortless way to improve mental and physical wellbeing

Wellness treatment for symptoms of low-energy, lack of sleep,  
anxiety and stress

Supports behavioral change including weight reduction  
& addictive behaviors

Evidence based



# THE SATORI PROGRAMS

The Satori System offers a selection of nine programs, each with 4-6 sessions available. There are four programs that are non-verbal, and five programs that are voice-guided, all in English. All of the relaxation and meditation programs guide the brainwaves to alpha and theta levels. The behavioral change programs utilize the theta brain-

wave level, where the conscious mind is shut down, and the subconscious mind is still active, to deliver guided meditation programs to the subconscious, creating lasting behavioral change. The sleep and power nap programs are deep delta level programs that help retrain the brain to turn off the thinking mind and achieve states of deep delta sleep.



## BREATHE - Meditation through breathwork

(non-verbal)

A series of six meditation sessions with non-verbal breath work cues. The program is designed for people with language barriers.



## CHAKRA Alignment Meditation (non-verbal)

A series of six sessions designed to align each Chakra of the body, while guiding brainwaves to a deep meditative state.



## GAMMA Meditation (non-verbal)

A series of four Gamma wave sessions for better focus, memory retention and mental clarity.

The Gamma Meditation program involves Gamma brainwaves, which improve cognitive function and memory and are associated with compassion and gratitude.



## Vibrational Wellness

(Two guided, two non-guided programs)

A series of two guided, two non-guided sessions ranging from 16 minutes to 50 minutes, focusing on mind/body wellness and healing.



## Meditation and Energy Balance (voice guided)

A series of 6 sessions ranging from grounding and stress reduction to energetic cleansing and mind-body regeneration



## Sleep Wave (non-verbal)

The Sleep Wave program offers two sessions. They range from programs for relaxation, meditation, sleep, positive self-image, brain fitness and behavioral change



## Satori Sound Change - Tobacco Cessation Support (voice guided)

A series of four behavioral change sessions to be used in succession.



## Satori Sound Change - Recovery Support (voice guided)

A series of four behavioral change sessions to be used in succession.



## Satori Sound Change - Weight Management Support (voice guided)

A series of four behavioral change sessions to be used in succession

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Wellness Lounger

# THE TECHNOLOGY



All Satori programs utilize audio vibrations, or sine waves, embedded into a multilayered sound technology called Quantum Harmonics™. These sound frequencies, when precisely delivered, create synchronization between the brain's left and right hemispheres.

This hemispheric synchronization results in a quieting of the mind, allowing deep relaxation, meditation, and dreamless sleep to occur. Through repeated use, this entrainment process allows new neural pathways to be created, promoting lifelong behavior changes.





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